



## MIND MOVES® CLASSROOM PROJECT

Once you have completed the 5-in-1 Core Booster Workshops you will gain access to the *Mind Moves Classroom Project* on your Personal Training Website, and complete the project under the guidance of the Mind Moves Instructor who presented the workshops to you.

### On your Personal Training Website, you will be able to:

- Watch step-by-step Classroom Project Tutorials
- Select the learning barrier you would like to address/or the skill you would like to improve from a drop down menu and complete the form to register your Classroom Project. Your Instructor will be notified of your registered Classroom Project and will contact you in this regard
- Register learners who will participate in the classroom project
- Download consent forms for the participating school and learners
- View and download customised pre- and post-tests for learners
- View and download a list of pre-approved Mind Moves exercises for the desired outcome
- Download exercise sheets (including the instructions) to accurately record how frequently Mind Moves were done over a period of at least 6 weeks
- Complete the online intervention calendar to record the Mind Moves activities
- Enter your observations, recommendations and comments.

After 6 weeks of Mind Moves in your classroom, you will be able to download a summary of your hard work: ***Mind Moves Classroom Project Report.***

To conclude this project, deliver/post your Mind Moves Classroom Project Report, including all the supporting documentation to your Advanced Mind Moves Instructor for marking. Once the successful Classroom Project has been marked and you have successfully completed 5 Elective workshops, you will receive an email with your Master Teacher Certificate and your name will appear on the Mind Moves website. For any additional Classroom projects, you will receive additional Certificates of Completion.

