



Mind Dynamix ® Profiling— a life-changing experience for my Grade 9 son!

Mom:

My son was in danger of failing Grade 9 and we were very concerned about his poor marks and at a loss, as we knew he was capable of so much more. We did not know how to help him, until we came across Mind Dynamix Profiling then his whole life changed!

I decided to have Colin* and my profiling done as his behaviour has just changed inexplicably over the last month and his school was threatening to not keep him next year. It's one of the best decisions I've ever made. I understand many of his frustrations as I have similar ones and just didn't know how to overcome them.

A week ago I was a mum in despair suspecting that my son has Asperger's Syndrome ... Last night after our session with Michaela I tucked him into bed and he puts his arms around my neck and kissed me on the lips, which he's never done before! He held on tight and just said 'I'm never letting you go Mommy'. Wouldn't let go and stop kissing until I agreed to sit with him till he falls asleep. I realised that for the first time in his life my child felt that someone understand him and that was powerful.

Creative writing has never been handed in on time this time cause it's the one thing that I battle with and for the first time this year we did it on time and efficiently.

My husband got transferred to Johannesburg and while we were planning to relocate I could see that my Colin started feeling unsettled and anxious – he needed grounding. So we immediately started rubbing the ears, outlining, hugging and switching on the power button. I'm pleased to say that the relocation went without a hitch and he's settling in nicely.

I would recommend Mind Moves to every person who's on a journey of self-discovery.

[Michaela de Gier](#) Advanced Mind Moves Instructor, Durban:

A 'gentle soul....very introvert' was my impression when I first met Colin. His mom brought him as he was suffering with anxiety and unable to concentrate and focus at school.

Colin wanted to know what 'made him tick' so we did the Profile Assessment. This proved to be an extremely positive experience for him because not only was he able to identify factors that triggered his anxiety but also discovered that he had many unrealized strengths that he could develop.

Colin's dominant eye and brain are on the same side and he is back brain dominant. This makes him very observant but it may take a while before he can act on what his eye sees. He may also be visually limited when anxious. Colin's ear and brain are also on the same side which means he can be auditory limited when anxious.

On learning this, Colin realized that he's not dumb but that processing just takes a little longer. I advised him to ask for information to be repeated to avoid misunderstandings and to write stuff down so that he's got notes to refer back to.

Colin processes information in the right, top and back parts of his brain. When I told him that we refer to this combination as a 'mind artist that prefers to work alone', his face lit up! I think that made such sense to him and explained why he felt most comfortable being on his own. Colin is the youngest of 3 boys and hardly got any alone time. It also explained why he spent so much time day dreaming.

Being right brain and right hand dominant means that Colin has a creative thought process but likes to communicate factually. When stressed, this becomes difficult to do so he just shuts down and ends up feeling verbally incompetent. I told him that in order to avoid this from happening, he needs to be well prepared and rehearse a lot.

When it comes time to decision making and going over into action, Colin was over the moon when he realized that he had a quirky and creative side to him. He is able to think 'out of the box' and come up with innovative ideas. I emphasized that he'll be at his best if he has time to think on his own.